
Full Life

Biblical
Counseling &
Guidance

of the





FULL LIFE BIBLICAL GUIDANCE MINISTRY

“Offering Biblical hope and encouragement, guidance for everyday life through the sufficiency of God's Word”

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. (Rom. 15:13)

The Problem

The problems of life can be overwhelming. But what we call "problems," God calls opportunities for spiritual growth. By God's grace and according to His Word, problems are for solving. We all need help to be the kind of people God wants us to be. The writer of Hebrews in the 4:16 implores us to come to Jesus and take the mercy and accept the help. But many do not know how to change and grow biblically. Instead, many are looking for an easy and instantaneous answer. God in His Word has graciously revealed all we need to be victorious in every area of our lives. It's not a quick fix; but it can be your sure reality!

The Process

We are here to help and want to be part of God's provision for you. Our counseling services are free-of-charge and typically continue for six to ten weeks, as long as progress is being made. Each session lasts about an hour. An intensive counseling process is sometimes advisable when the root issues of personal and relational struggles are long-term, repressed or pervasive. In those cases, we may extend the sessions to several hours over several days. We will ask for a commitment from you to participate in each session and that you complete assigned homework. Please bring your Bibles to each session. We will provide you with a Bible if necessary. If you are currently part of another church, we encourage you to seek the counsel of your pastoral leadership or other mature believers. We recommend this because your church is already committed to your spiritual growth and the relationships you are developing with them play a powerful role in your personal growth. That being said, again, we would be pleased to meet with you and be part of God's work in your lives.

The Preparation

We will schedule a meeting with you once we have received the following forms from you:

[Consent to Counseling Form \(PDF\)](#)

[Information Form \(PDF\)](#)

These forms are provided for you to help your counselor get to know you and your particular situation. Each person to be receiving counsel should complete each form completely and truthfully.

CONSENT TO COUNSELING

Our Goal — Our goal in providing Christian counseling is to help you meet the challenges of life in a way that will please and honor the Lord Jesus Christ and allow you to enjoy fully His love for you and His plans for your life. We offer counseling free of charge, as a ministry of Full Life from the Victory Temple Christian Life Center. Counselees may donate to the ministry, but this is not expected or required as a condition of counseling. If a session is not cancelled at least 12 hours in advance a \$25.00 “no show fee” will be charged.

Biblical Basis — We believe that the Bible provides thorough guidance and instruction for faith and life. Therefore, our counseling is based on scriptural principles (II Timothy 3:16-17; II Peter 1:3-4) rather than those of secular psychology or psychiatry. Neither the pastoral or lay counselors of this church are trained or licensed as psychotherapists or mental health professionals. Some of the pastoral counselors may be trained in counseling however the services offered will not be as professionals but as Biblical counselors. Initials _____

Not Professional Advice — Because we believe the Bible is the Word of God concerning faith and life, the principles used in Biblical counseling are based on it. If you have significant medical, legal, financial, or technical questions, you should seek advice from a competent professional. Redemptive counsel may include both words of compassion and loving confrontation in an atmosphere of trust, encouragement and respect, but our counsel is not intended to replace the services of a qualified physician or licensed professional counselor. And we may encourage you to seek such treatment.

Confidentiality — Confidentiality is an important aspect of the counseling process, and we will carefully guard the information you entrust to us. There are some situations, however, when it may be necessary for us to share certain information with others: when there is a clear indication that someone may be harmed unless others intervene; or when Counselors are mandated to report incidents of "reasonably suspected child abuse" (Physical or sexual), elderly abuse, or suicide attempts to the appropriate authorities; or the counselor is subpoenaed and ordered by a judge to testify or release counselee information. (Proverbs 15:22; 24:11; Matthew 18:15-20). Initials _____

Resolution of Conflict — On rare occasions a conflict may develop between a counselor and a counselee. I Corinthians 6:1-8 forbids Christians from bringing lawsuits against one another in secular courts of law. In order to make sure that any such conflicts will be resolved in a biblically faithful manner, we require all our counselees to agree that any dispute that arises with the counselor or with this church will be settled with mediation within the church according to the principles of scripture and the authority of this local church. It is expressly understood that, by consenting in advance to such mediation, the counselee is waiving his/her right to a trial in the civil courts. Initials _____

Having clarified the principles and policies of our counseling ministry, we welcome the opportunity to minister to you in the name of Jesus Christ and to be used by God as He helps you to grow in spiritual maturity and heals your brokenness and pain. If you have any questions about these guidelines, please talk with you counselor. Your signature below indicates your informed consent to these guidelines.

Signed _____ Date _____

FULL LIFE BIBLICAL GUIDANCE MINISTRY

Information Form

Date _____

Name _____ Age _____

Spouse's Name _____ Marital Status _____

Address _____

City _____ State _____ Zip _____

Phone: (Home) _____ (Cell) _____

E-mail: _____

Children and ages: _____

Member of VTCLC _____ Attendee of VTCLC _____ How long? _____

1. For what are you seeking help? _____

2. When did you first notice this concern? _____

3. Have you ever had counseling before? If so, what for, and when? _____

4. What were the results of that counseling? _____

Office use only

Counselor assigned _____

Appointment Day & Date _____

The Publications

Black Pain: It Just Looks like we're not Hurting
by Terrie Williams
The Courage to Heal
by Ellen Bass & Laura Davis
The Courage to Heal Workbook
by Laura Davis
The Complete Husband
by Lou Priolo
The Excellent Wife
by Martha Peace
Marriage on the Rock
by Jimmy Evans
Beauty for Ashes
by John Coblentz
Freedom from Addictions
by Neil T. Anderson
Addictions: A Banquet in the Grave
by Edward Welch
Uprooting Anger
by Robert Jones
Heart of Anger
by Ken Sande
Choosing Forgiveness
by John Loren & Paula Sanford

The Provision

¹⁴⁻¹⁶Now that we know what we have—Jesus, this great High Priest with ready access to God—let's not let it slip through our fingers. We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experienced it all—all but the sin. So let's walk right up to him and get what he is so ready to give. Take the mercy, accept the help.
Hebrews 4:16 (MSG)

For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.
Romans 15:4 (ESV)

All Scripture is breathed out by God and profitable
for teaching, for reproof, for correction, and for training in righteousness.
2 Timothy 3:16 (ESV)

For more information:

Full Life Biblical Counseling
A Ministry of the Victory Temple Christian Life Center
P O Box 380337
Duncanville, TX 75138
877.381.8799